

# It's the kids' turn!

**The COVID-19 vaccine is available and safe for kids 5 years old and up.** The COVID-19 virus is still spreading. While COVID-19 tends to be milder in children, it can still make children very sick and cause them to be hospitalized. Children with underlying medical conditions are at even more risk for severe illness.

**Getting the vaccine is the best thing you can do for your child's health.** It also helps make sure your kids can keep attending school and other activities that are so important for their physical and mental health.



**How it works** For children under 18, only the Pfizer vaccine is approved. Children under 11 will get a smaller, age-appropriate dose of the vaccine.

The COVID-19 vaccine works similarly to other vaccines your child has had. Germs such as SARS-CoV-2, the virus that causes COVID-19, invade and multiply inside the body. The vaccine helps stop this by teaching the immune system to recognize and make antibodies that fight the virus.

**Is it safe?** Tens of thousands of volunteers were involved in clinical trials for the vaccines. The clinical trials showed that the COVID-19 vaccines are remarkably safe and effective. In fact, the Centers for Disease Control and Prevention (CDC) say that COVID-19 vaccines will have "the most intensive safety monitoring in U.S. history."

**What do I need to know?** Your child may have some mild side effects, which are normal signs that their body is building protection. These usually go away in a day or so on their own, but your child might feel:

*On the arm where your child got the shot:*

- Pain
- Redness
- Swelling



*Throughout the rest of their body:*

- Tiredness
- Headache or muscle pain
- Chills or fever
- Nausea



It's time for all eligible children to get the vaccine, get protected, and protect the health of their families and friends.

Call 707-303-3600 to schedule an appointment for your child's vaccine or to talk with their provider. You can also visit [bit.ly/SCOE-clinics](https://bit.ly/SCOE-clinics) to learn if your child's school will be hosting a vaccine clinic or to watch informative videos.



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