

# The Growing Together Program

Our Growing Together Program (GTP) is growing! It now offers even more support. The new Perinatal Packet is a guide to help you care for yourself and your baby. This program is at no cost to you.



## New Program Features

### Prenatal

- Welcome call
- Check-in calls
- \$25 gift card for early prenatal care before the 14<sup>th</sup> week of pregnancy
- Perinatal Packet

### Postpartum

- Welcome call
- Check-in calls
- \$25 gift card for going to your doctor within 84 days of having your baby
- Perinatal Packet

### Healthy Baby

- Welcome call after your baby has PHC benefits
- Check-in calls
- Gift cards for doctor's visits and vaccinations
  - \$25 gift card for 2 well-baby visits with vaccinations before 3 months of age
  - \$25 gift card for 2 well-baby visits with vaccinations between 4-7 months of age
- Perinatal Packet

To learn more and sign up for the Growing Together Program, call us at **(855) 798-8764**. TTY users can call the California Relay Service at **(800) 735-2929** or 711.

**Your choice not to take part in the GTP does not change your Medi-Cal benefits.**

PHC complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

PHC cumple con las leyes de derechos civiles federales aplicables y no discrimina en base a raza, color, origen nacional, edad, discapacidad, o sexo.

PHC соблюдает применимые федеральные законы о гражданских правах и исключает дискриминацию на основании расы, цвета кожи, национального происхождения, возраста, ограниченных возможностей или пола.

Sumusunod ang PHC sa mga naaangkop na pederal na batas sa karapatang sibil at hindi nagdidiskrimina batay sa lahi, kulay, bansang pinagmulan, edad, kapansanan, o kasarian.

PHC 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。

Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (800) 863-4155 (TTY: (800) 735-2929 or 711).

Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните (800) 863-4155 (TTY: (800) 735-2929 or 711).

Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa (800) 863-4155 (TTY: (800) 735-2929 or 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (800) 863-4155 (TTY: (800) 735-2929 or 711)。